# MYGLACIER VILLAGE

AUGUST 2022



#### Look what's New at My Glacier Village!

Meet Bev Moon! Bev is a volunteer and she is heading up our Memberships Team. As we continue to grow, we're looking for more and more ways to help our Members connect with others in the Village. We're starting a program called Community Circles in order to welcome new members and help them get acclimated. We have divided up the Valley into "neighborhoods" and we've asked a Member or Volunteer within each neighborhood to serve as "Ambassadors" representing their area of the Valley.

These Ambassadors will reach out to new members to welcome them to the Village, answer questions and help them navigate the website. They'll also

encourage new members by inviting them to attend MGV-sponsored events and be a "buddy" at these events to help introduce them around. We all know how hard it is to step into a social event, not knowing anyone and MGV is all about connecting and socializing. We hope you like this new service! Please email Bev at bevmoontana@hotmail.com with any questions or to get involved with our new Community Circles.

#### Tech Tuesday

Would you like to learn more about our website? We have a few new features to share, or maybe you're just getting started and have questions about service requests or how to register a guest for an event. Bring your device. We can help!



#### Fundraising

Thank you for your recent inquiries about how to help with our finances. Unfortunately, we were *not* invited to participate in the Greatfish Challenge (we're just still too new). But it's ok! We're organizing fundraising events, and stay tuned for other fun and easy ways you can help us continue Connecting, Inspiring, and Supporting each other!



# Meeting & Gathering

We have really exciting news to share. You'll wanna here this! Join us on Wednesday, Sept 7th from 1-3 for Village updates, website training, and our plans for the coming year.

If have any questions or would like a ride, please enter a service request or call the office at 250-8784.





My Glacier Village joined the Village to Village Network on September 24th, 2018. This article was shared in the Village Buzz newsletter just two months later. It was originally published in HomeHaven News in November 2018, by member Fred O'Brien reflecting on his recent visit to the Village to Village national conference.

"Just returned from San Diego and the Village-to-Village National Conference full of inspiration and information (also pretty jet-lagged). I begin by formally expressing gratitude (mixed with trepidation) to HomeHaven for electing me Board President. It is an honour to be so designated.

The National Conference was a revelation to me. I've been a member of HomeHaven for years, but preoccupied with full-time law practice. I retired in August. To see and hear from the ever-growing armada of old folks and young in the movement was amazing. What I didn't expect was the stunning effect of the presentations on me personally.

I entered this office assuming it was a job: learn a repertoire of tasks and perform them. Instead, I am experiencing an incipient change of consciousness, glimpsing a path through my late years where outdated ways of thinking and living will be jettisoned.

I was bombarded with audacious, even radical, ideas about growing old, human connection, embracing the adjustments of seniority, and the prospect of new definitions of family, friendship, companionship, and through that, a new me. Some of the bracing statements from various speakers are these:

"The goal is to move beyond the base level of existence to something loving."

"An internal bias against our future selves."

"We're not staying home - we're joining a movement!"

"Sharing leadership demands emotional intelligence."

And, as regards negative health effects, "Loneliness is the new smoking."

Kate Hoepke, Executive Director of San Francisco Village, offered an analysis that our movement is part of the NEW POWER - collective, non-authoritarian, nonhierarchical, non-linear, everybody creates the plan. This will (it's demographically inevitable) triumph over the OLD POWER - closed, leader-driven, ultra-competitive, force-based. Those of us who have millennial kids will recognize immediately the persuasiveness of this dichotomy. Who knew I was jumping on the Skateboard of Destiny?

I now see that, for me, HomeHaven isn't about hedging my bets, it's about preserving my body — and growing my soul…and, maybe, even relinquishing the long-tended, carefully burnished sense of individual specialness that has propped up my ego through 72 years of life and 30 years of litigation. Thank you for this opportunity."

Thank you, Fred, for your beautiful words. And, thank you to everyone supporting My Glacier Village for "jumping on the skateboard of destiny" as we follow in the footsteps of inspiring folks like Fred O'Brien, those at the Village to Village Network, and others in Villages across the country who are creating new ways to age.

cheers!

jenn

# Mission Statement

We are providing the connections, education and support seniors in our community need to stay active, independent and age confidently in their own homes.

We are redefining what it means to age and spreading our passion for supporting and celebrating the aging process.

### Board of Directors

Jenn Prunty, President Mary Wallace, Treasurer Whitney Warren, Secretary Jenn Kincaid, Member

#### **Core Function Team Leaders**

Volunteers **Barry Marsh** 

Members Bev Moon

**Events** Laura Behenna Mollyo Nicholson

Fundraising Mary Wallace

**Awareness** Jenn Prunty

Technology Whitney Warren

**Board Governance** Jenn Kincaid Whitney Warren

# **CONNECT & INSPIE**

Come and learn about the Village and meet others who share your interests...

#### Qi Gong

Qi gong is a gentle energy practice that improves organ health and promotes overall wellness. It's like medicine in motion! Tuesdays from 1-2 & Thursdays from noon - 12:45 visit the calendar for locations

# **Tech Tuesday with Whitney** Get to know the MGV website!

August 9th from noon - 1:00 at the MGV office

Summer Concert at the Springs

Ryan Little Eagle, Native American Flutist will be one in a series of free open-air concerts August 4th at 5pm

**Cool Crafts with Kids** 

Get crafty with the kids from the Boys & Girls Club in Evergreen! August 5th from 10:30-noon

> Shakespeare in the Park - King Lear One night only in Woodland Park. Don't miss this!! August 17th at 7pm

#### GAME DAY!

You're in for a treat! We were gifted a ridiculously funny, laugh out-loud-word game. Seriously! See you there! August 24th at 1pm

End of Summer Party on the Far West Enjoy an evening with friends and the sights and sounds of summer on Flathead Lake. Cost is \$30.00 August 29th at 7pm

Please call the office at 250-8784 with questions or visit the Events Calendar for more details. And, PLEASE don't forget to register. It helps us plan!

# Thank you to our Sponsors for your continued support!

Are you turning 65? Call your local licensed Humana sales agent.

Jennifer Kincaid 406-253-9402 (TTY: 711) Monday - Friday 8 a.m. – 5 p.m. facebook.com/ JennKincaidAgent Humana

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