

# MY GLACIER VILLAGE

CONNECT. INSPIRE. SUPPORT.

JULY 2022

## Oh! The Places You'll Go!

There are few people who just seem to light up a room the moment they walk in. I think you'll agree Maria and Robert Betts are two of these people. They are also genuine and funny and eager to pitch in where there is need. As volunteers, they've helped members get acquainted with the Village, provided rides and helped with home and garden projects. They were jolly elves at Christmas and planted and delivered May Day flowers. Maria has been a part of the Village since Day One, our board secretary and treasurer and our events coordinator. And not only that, she's a dear friend.

And ever the team player, Maria has stepped out of her comfort zone a number of times as she tried archery, art classes, learned bocci ball, and captained her own kayak.

Please join me in sending good wishes to Maria and Robert as they begin a new chapter in their lives with a move to Colorado. Their light spirits and kind hearts will be sorely missed around here. But, how exciting to see what adventures await!



### Tech Tuesday

Would you like to learn how to take, organize and share photos on your phone? Join Whitney at Tech Tuesday and learn how. You can also learn more about the website, or bring any other tech questions. We can help!

### Fundraising

We want to thank Whitefish Community Foundation for their \$2,500 Community Grant award to help us hire our first employee!

We will not be participating in the Greatfish Challenge this year, but stay tuned. We have some really fun fundraising ideas brewing!

### Calling All Volunteers!

Please join us Thursday, July 21st for an update on our new teams' progress, chat about upcoming events and new features on our website. Details coming soon.



# Mission Statement

We are providing the connections, education and support seniors in our community need to stay active, independent and age confidently in their own homes.

We are redefining what it means to age and spreading our passion for supporting and celebrating the aging process.

## Board of Directors

Jenn Prunty, President  
Arlene Wilson, Vice President  
Mary Wallace, Treasurer  
Whitney Warren, Secretary  
Jenn Kincaid, Member

## Core Function Team Leaders

### Volunteers

Barry Marsh

### Members

Bev Moon

### Events

Laura Behenna  
Mollyo Nicholson

### Fundraising

Mary Wallace

### Awareness

Jenn Prunty

### Technology

Whitney Warren

### Board Governance

Jenn Kincaid  
Whitney Warren

*Greetings!*

## A COMFORT ZONE IS A BEAUTIFUL PLACE BUT NOTHING EVER GROWS THERE

This morning, as I was struggling to figure out a couple of the new features on our website, I realized "I've come a long way, Baby!" Before I started MGV, I was uncomfortable in crowds (to say the least) and I was intimidated by new technology. In fact, the clock in my car was only accurate six months out of the year because I never could remember how to reset it and I hated getting out the manual. Even going on my first service request was a bit intimidating.

Speaking to groups is still a challenge for me, but I'm no longer terrified. I've taken art classes, learned to play bocci ball, and I've even organized a few events. I continue learning about our website and I'm determined to understand our technology platforms. I was interviewed by the New York Times, *and* I've spoken on the radio.

I'm sharing this with you because I have learned something in the past four years. I have learned that when something *really* matters, we will push through the fear and figure it out. And I know I'm not alone. I know for many of our members and volunteers, walking into a room full of strangers to attend a workshop or their first Game Day has been a little scary. Taking archery lessons and art classes, kayaking, standing up and introducing yourselves to a group of strangers, sharing at our open mic night...all took courage.

And, aren't we all a little stronger for having taken the risks? Because we were willing to be uncomfortable, we have new friends and we've made new memories, and we walk a little taller.

Eleanor Roosevelt said, "do one thing every day that scares you." I would love to know what is on the other side of your comfort zone!

Jenn



Thank you to our Sponsors for your continued support!

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**Jennifer Kincaid**  
406-253-9402 (TTY: 711)  
Monday - Friday  
8 a.m. - 5 p.m.  
facebook.com/JennKincaidAgent



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# CONNECT & INSPIRE

*opportunities to learn about the Village and meet others who share your interests...*



## **Qi Gong**

*Qi gong is a gentle energy practice that improves organ health and promotes overall wellness. It's like medicine in motion!*

*Tuesdays from 1-2 & Thursdays from noon - 12:45  
visit the calendar for locations*

## **Symphony Night at Rebecca Farm**

*Bring a picnic dinner, a bottle of wine, and a couple of camp chairs and savor the sounds of music from West Side story, E.T., Starwars, Lord of the Rings, and more!*

*July 8th*

*See Calendar for details*



## **Scenic Float on the Flathead River!**

*Immerse yourself in the spectacular beauty of Glacier National Park and the Middle Fork of the Flathead River.*

*July 9th at 11:30*

*Glacier Raft*

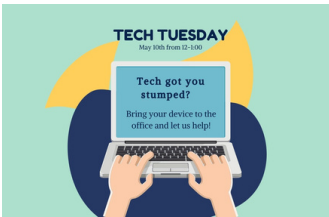


## **Tech Tuesday with Whitney**

*Would you like to know how to take, organize and share photos on your phone? Questions about the website? We can help!*

*July 12th at noon*

*at the MGV office*

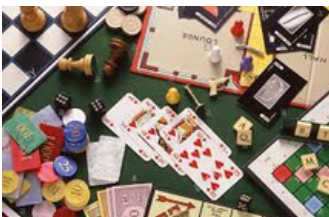


## **Happy Hour at Brannigans**

*Trivia, raffle prizes, split the pot, friends, food and laughter.*

*July 30th from 4-6*

*Upstairs at Brannigan's in Kalispell*



## **GAME DAY is back!**

*Yahtzee? Pinocle? Scrabble? Come and make some new friends, laugh and have fun!*

*Wednesday, July 27th at 1pm*

*First Presbyterian Church, Kalispell*



## **Purple Mountain Lavender Farm**

*Make a craft, tour the gift shop, bring your journal, or just wander around and enjoy the view.*

*July 30th at 10:30*

*Lakeside*